

Foundation News Plus

Latest updates from St Andrew's Hospital Foundation.

Foundation Update



Hello everyone and welcome to the 2nd edition of the Foundation News Plus.

We have had a very busy few months supporting the hospital through our fundraising efforts. Our loyal donors have continued

to support us and we are extremely fortunate to have welcomed new donors who have been patients at St Andrew's during 2020. Welcome and thank you!

Our mission is to support the hospital and its staff to deliver exceptional healthcare outcomes for our patients. Quite often, this comes in the way of providing training and development for staff and equipment purchases. Inside this edition, we have written about several recent purchases which have enhanced patient care.

In our 20th Anniversary year, we have highlighted the contribution of our wonderful volunteers, who help to make the St Andrew's atmosphere warm and inviting. Specifically, we acknowledge the dedication of Colleen, who is, this year, also celebrating 20 years of service.

Our Annual Appeal to refurbish the Paediatric Ward was a huge success. We have achieved our \$70,000 target. A very sincere thank you to those who have donated. The refurbishment is fitting to commemorate our 20th Anniversary and will benefit our paediatric patients and their families for many years to come.

I hope you enjoy reading our latest news and that you feel a sense of pride as someone who has helped us achieve our goals!

Amy Bredon
Foundation Director

PS – Our next edition will be in 2021 and so I will take this opportunity to wish you all a Merry Christmas. I hope you will manage to connect with loved ones and have the opportunity to share some Christmas cheer.

Nursing and Clinical Services Update



I am very pleased to provide this update to inform you of latest developments at the hospital.

We remain in a strong position at St Andrew's and have increased operating lists for both our existing and new visiting medical officers. To ensure that we continue to provide high quality care, we recently purchased additional hard

wired monitors for our Critical Care Step-down Unit, as a result of a bequest to the foundation.

We have recently commenced the implementation of two state of the art imaging systems (camera stacks) in our main theatres. Imaging systems provide the ability to undertake laparoscopic surgery, allowing surgeons to make smaller incisions whilst providing a clear view of the surgical field displayed on monitors.

Recently, the Day of Surgery Admission (DOSA) clinical team have been working together to help redesign the area, taking into consideration patient feedback. This area cares for 4,040 patients annually. The patient flow ensures all patients are provided with high quality care in an efficient manner, allowing transition home in a timeframe which suits their needs. The team are working closely with our building contractor and maintenance team to refurbish the area to better meet privacy requirements without affecting the patient flow.

Finally, please accept my personal and heartfelt thanks for your support. St Andrew's Hospital and its patients are grateful for the generosity of the foundation community.

Jacquie Wiley
Director Nursing and Clinical Services



**St Andrew's
Hospital
Foundation**

**Celebrating
20 YEARS**

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Staff Training

Providing Exceptional Care through Simulated Training

Simulated training is often used as an effective method of training clinical teams. The opportunity to train and practice in life-like environments is a wonderful opportunity for our nurses and supports our commitment of providing patient-centered care.

Through the support of our Training and Development Scholarships, we recently provided funding for the purchase of an IV Training Arm and Catheterisation Simulation Set.

The picture below shows two participants at a training session learning how to cannulate a patient to enable a drip or other medication intravenously. The training arm allows real life simulation of skin and veins – with pretend blood! The cannula is often initially inserted by a medical officer, but requires re-siting after a period of time to maintain patient safety and minimise the risk of infection.

Donations from the community allow the foundation to support our dedicated nurses, who commit to continued professional development in their mission to provide excellent and high quality patient care.



Paediatric Ward Update

Thanks to our dedicated donors, we have reached our target of raising \$70,000 to refurbish our Paediatric Ward. Work on this much needed project will commence in the coming months. We will bring you updates through the News Plus and St Andrew's News. Thank you!

We are proud to be undertaking this project in our 20th Anniversary year.

**We
did it!**

Colleen's Story

Celebrating 20 Years' Volunteering in 2020

Colleen has been volunteering at St Andrew's on a Thursday morning for 20 years. Like many of our wonderful volunteers, Colleen's first visit to the hospital was not as a volunteer, but as a patient. Once she was well, and wanting to give back to the hospital that cared for her during her breast cancer journey, Colleen decided to volunteer.



In the year 2000, Colleen was ending her breast cancer treatment at St Andrew's. Having to undergo both chemotherapy and radiotherapy, she was a regular visitor. Each time following radiotherapy, Colleen would visit the Coffee Shop and buy a coffee and cake as her treat for having made it through another treatment. It was then she made a promise.

'I saw a sign in the Coffee Shop asking for Volunteers. I made a promise to myself that day, that when I was better, I would return as a Volunteer - and that is how it all started. I've had 20 wonderful years here and I've enjoyed every one.

'St Andrew's is a leading hospital in breast cancer treatment, and it is part of my story. The treatment is first-class. In particular, the foundation does so much to support the hospital, and the proceeds from the Coffee Shop support their endeavours and I am proud to contribute to something worthwhile.

'The patients who visit often tell us how much they love St Andrew's. They comment on the Coffee Shop and also the hospital as a whole. They think it's amazing, like I do!'

Over the years, Colleen has seen many changes at the hospital, including several Coffee Shop renovations. 'The automation in the Coffee Shop is amazing. I often think about the person who used to wash all the dishes by hand - now they go straight through the big dishwasher. We've also had several managers, all of whom have been excellent. Our current Manager, John is terrific - and always has a new joke to tell us!'

The last 20 years has gone so quickly for Colleen. 'We all get along so well, it's not a chore, I just love it. It keeps my mind active and I love being busy and helping people. I won't say I'll be here for another 20 years, but I hope to continue for many more years to come.'

Congratulations to Colleen and the many other volunteers who contribute to the foundation and hospital. We appreciate you all! You make the hospital experience just that bit easier for our patients and provide a wonderful service to all our customers, including visitors, staff and visiting medical officers. Thank you!

Pink and Blue Swim

Providing the Latest Technology in the Fight Against Breast Cancer

As a result of the incredible fundraising event, the Pink and Blue Swim Walk in 2020, the foundation was able to purchase a Gamma Probe to improve outcomes for breast cancer patients. The purchase of the probe, further enhances the hospital's breast cancer service, which forms part of South Australia's most comprehensive cancer care facility.

The probe is used to allow breast surgeon's to identify, during a biopsy, the breast cancer patient's sentinel (lymph) nodes to be removed and assessed. In some cases, it has been necessary to remove several or all lymph nodes to prevent the spread of cancer.

The Gamma Probe allows specific identification and removal of the main node/s only, reducing complications that can occur if all nodes are removed.

St Andrew's conducts the largest number of breast cancer surgeries in SA. The purchase of the Gamma Probe is a significant addition to our service and will help many hundreds of patients each year.

Our sincere thanks go to the West Beach Surf Life Saving Club, major sponsor the West End Community Fund and the almost 1,000 event participants!

Clinical Manager Renee (pictured right) with the Gamma Probe

SAVE THE DATE!

**Pink and Blue Swim/Walk -
Saturday 13th February 2021**

**Supporting Breast Cancer
Services at St Andrew's Hospital**

**Registrations open soon via
trybooking.com.**



Our Valued Donors

New Donor Recognition Board Commissioned

To continue to acknowledge the many people who support the hospital through their generous donations to the foundation, we recently commissioned a new donor recognition board. The previous board was commissioned in the year 2000 and recognised our founding donors.

In celebration of our 20th Anniversary, we have a new board which includes the names as they were listed on the initial board, as well as creating new space for our current supporters and donors of the future!

Those who have made a commitment to support the foundation through a gift in their will (the Hay Society) are also acknowledged, as are our major donors (the Waverley Network).

If you would like information regarding either the Hay Society or Waverley Network, please call 8408 2005 to speak with our Foundation Director, Amy Bredon.

Volunteer News

Celebrating our Volunteers

2020 marks both 20 years of the St Andrew's Hospital Foundation and the milestone achievement of the following volunteers;

Five Years

Vera Lynn
Ann Boehm
Nicholas Correll
Bev Woods
William Grierson

Ten Years

Brenda Kroning
Maggie Sanderson
Alison Grierson
Mark McKeever
Lynette Chandler
Romaine Dawson

Twenty Years

Colleen Cleland

Our Years of Service Awards are usually presented at Christmas time. Vera and Lynette have recently retired and so we celebrated their contribution with morning teas. **We wish them well in their new adventures!**



Congratulations Tania!

One of the foundation volunteers recently 'jumped' over to the other side of the desk, having accepted a position with the Patient Services team. Tania is one of a few volunteers who have recently become employed by the hospital.

Tania is currently undergoing training as she learns the ropes of admitting patients at the start of their journey at St Andrew's. Her friendly smile and bubbly personality will be very welcoming for patients.

We wish her all the very best in her new role. We are also thankful she has agreed to still be one of our Friday Barista's in the Coffee Shop!

